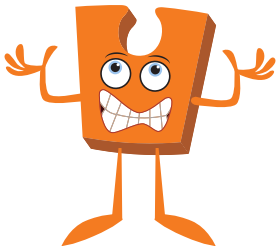
# Being Me In My World Puzzle Map - Ages 5-6

| Piece (lesson) | RSHE guidance reference | PSHE Learning Intentions | Social and Emotional Skills Learning Intentions |
|---|---|---|---|
| **1. Special and Safe** | H7 | I know how to use my Jigsaw Journal | I feel special and safe in my class |
| **2. My Class** | R7, R14 | I understand the rights and responsibilities as a member of my class | I know that I belong to my class |
| **3.Rights and Responsibilities** | R9, R12, R14, R16 | I understand the rights and responsibilities for being a member of my class | I know how to make my class a safe place for everybody to learn |
| **4.Rewards and Feeling Proud** | H2, H3 | I know my views are valued and can contribute to the Learning Charter | I recognise how it feels to be proud of an achievement |
| **5. Consequences** | H4 | I can recognise the choices I make and understand the consequences | I recognise the range of feelings when I face certain consequences |
| **6.Owning our Learning Charter** | R12, R16 | I understand my rights and responsibilities within our Learning Charter | I understand my choices in following the Learning Charter |



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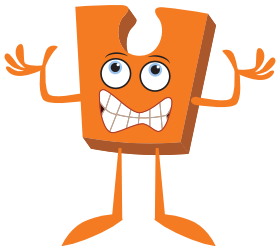
# Celebrating Difference Puzzle Map - Ages 5-6

| Piece (lesson) | RSHE guidance reference | PSHE Learning Intentions | Social and Emotional Skills Learning Intentions |
|---|---|---|---|
| **1.The same as...** | R5, R12, R16 | I can identify similarities between people in my class | I can tell you some ways in which I am the same as my friends |
| **2. Different from...** | R12, R16, H7, H8 | I can identify differences between people in my class | I can tell you some ways I am different from my friends |
| **3.What is 'bullying'?** | R17, R29, H7, H8 | I can tell you what bullying is | I understand how being bullied might feel |
| **4.What do I do about bullying?** | R17, R29, R31, R32, H9, | I know some people who I could talk to if I was feeling unhappy or being bullied | I can be kind to children who are bullied |
| **5.Making new friends** | R2, R8, R9, R10, R11, R13, R19, R25 | I know how to make new friends | I know how it feels to make a new friend |
| **6.Celebrating difference; celebrating me**<br>**Assessment Opportunity** | R12, H2, H3 | I can tell you some ways I am different from my friends | I understand these differences make us all special and unique |



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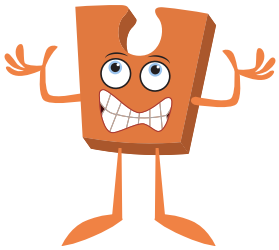
# Dreams & Goals Puzzle Map - Ages 5-6

| Piece (lesson) | RSHE guidance reference | PSHE Learning Intentions | Social and Emotional Skills Learning Intentions |
|---|---|---|---|
| **1. My Treasure Chest of Success** | H1 | I can set simple goals | I can tell you about a thing I do well |
| **2. Steps to Goals** | | I can set a goal and work out how to achieve it | I can tell you how I learn best |
| **3. Achieving Together**<br>**Puzzle outcome: Dream wellies** | R12, R16 | I understand how to work well with a partner | I can celebrate achievement with my partner |
| **4. Stretchy Learning**<br>**Puzzle outcome: Stretchy flowers** | | I can tackle a new challenge and understand this might stretch my learning | I can identify how I feel when I am faced with a new challenge |
| **5. Overcoming Obstacles** | R30, H4 | I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them | I know how I feel when I see obstacles and how I feel when I overcome them |
| **6. Celebrating My Success**<br>**Assessment Opportunity** | H3 | I can tell you how I felt when I succeeded in a new challenge and how I celebrated it | I know how to store the feelings of success in my internal treasure chest |



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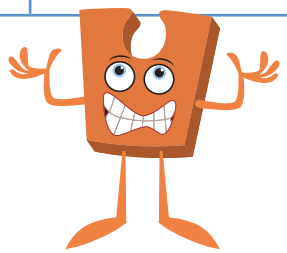
# Healthy Me Puzzle Map - Ages 5-6

| Piece (lesson) | RSHE guidance reference | PSHE Learning Intentions | Social and Emotional Skills Learning Intentions |
|---|---|---|---|
| **1. Being Healthy** | H1, H2, H5, H6, H18, H19, H28 | I understand the difference between being healthy and unhealthy, and know some ways to keep myself healthy | I feel good about myself when I make healthy choices |
| **2. Healthy Choices** | H1, H3, H5, H6, H18, H19, H22, H23, H28 | I know how to make healthy lifestyle choices | I feel good about myself when I make healthy choices |
| **3.Clean and Healthy** | H6, H18, H30 | I know how to keep myself clean and healthy, and understand how germs cause disease/illness<br>I know that all household products including medicines can be harmful if not used properly | I am special so I keep myself safe |
| **4. Medicine Safety** | H6, H18 | I understand that medicines can help me if I feel poorly and I know how to use them safely | I know some ways to help myself when I feel poorly |
| **5.Road Safety** | H6, H18, H21 | I know how to keep safe when crossing the road, and about people who can help me to stay safe | I can recognise when I feel frightened and know who to ask for help |
| **6.Happy, Healthy Me**<br>**Assessment Opportunity**<br>**Puzzle outcome: Keeping clean and healthy** | R15, H5, H6, H18, H24, H30 | I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy | I can recognise how being healthy helps me to feel happy |



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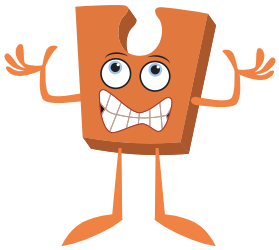
# Relationships Puzzle Map - Ages 5-6

| Piece (lesson) | RSHE guidance reference | PSHE Learning Intentions | Social and Emotional Skills Learning Intentions |
|---|---|---|---|
| **1.Families** | R1, R2, R3, R4 | I can identify the members of my family and understand that there are lots of different types of families | I know how it feels to belong to a family and care about the people who are important to me |
| **2.Making Friends** | R7, R8, R9, R10, R11, R12 | I can identify what being a good friend means to me | I know how to make a new friend |
| **3.Greetings** | R14, R19, R25, R26, R27, R28 | I know appropriate ways of physical contact to greet my friends and know which ways I prefer | I can recognise which forms of physical contact are acceptable and unacceptable to me |
| **4.People Who Help Us** | R11, R16, R19, R25, R28, R32, H4 | I know who can help me in my school community | I know when I need help and know how to ask for it |
| **5.Being My Own Best Friend** | R9, R10, R11, R15, R30, H3, H6 | I can recognise my qualities as person and a friend | I know ways to praise myself |
| **6.Celebrating My Special Relationships**<br>**Puzzle Outcome: Balloons**<br>**Assessment Opportunity** | R12, R13, R16, H2, H6 | I can tell you why I appreciate someone who is special to me | I can express how I feel about them |



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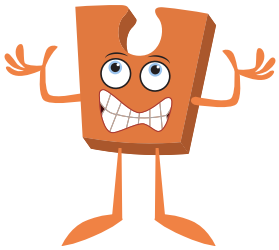
# Changing Me Puzzle Map - Ages 5-6

| Piece (lesson) | RSHE guidance reference | PSHE Learning Intentions | Social and Emotional Skills Learning Intentions |
|---|---|---|---|
| **1.Life cycles** | R1, R6 | I am starting to understand the life cycles of animals and humans | I understand that changes happen as we grow and that this is OK |
| **2. Changing Me** | H4 | I can tell you some things about me that have changed and some things about me that have stayed the same | I know that changes are OK and that sometimes they will happen whether I want them to or not |
| **3.My Changing Body** | | I can tell you how my body has changed since I was a baby | I understand that growing up is natural and that everybody grows at different rates |
| **4. Boys' and Girls' Bodies** | R19, R25, R26, R27, R29, H34 | I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus | I respect my body and understand which parts are private |
| **5.Learning and Growing**<br>**Puzzle Outcome: Piece 5 Flowers** | R15 | I understand that every time I learn something new I change a little bit | I enjoy learning new things |
| **6.Coping with Changes**<br>**Assessment Opportunity** | R32, H2, H3 | I can tell you about changes that have happened in my life | I know some ways to cope with changes |



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